

20 23

The School of Dance
200 Crichton Street
Ottawa, ON K1M 1W2
www.theschoolofdance.ca
613-238-7838

Artistic Director
Merrilee Hodgins A.R.A.D.

Charitable Registration
#119253391RR0001



The School of Dance

The School of Dance presents **The Hands of TIME**



Join us for nourishing Tuesday afternoons as we gather together to dovetail creative movement and music! Let us encourage and support you as we move through interpretive, seated and standing exercises designed to activate and ease you from head to toe. Come with us as we rediscover the world outside our windows and use our imaginations to explore the beauty in and around us!

Led by **Maria Shepertycki**, the Tuesday in-person classes will be held at Memorial Hall (accessible space) - MacKay United Church (39 Dufferin Road) near the corner of Dufferin & Avon Lane

Tuesdays, January 10 to March 28, 2023 from 1:00-2:00pm

Street parking only

Drop-off space available at entrance to the Hall

Registration is free of charge.

Interested? Questions?

Contact registrar@theschoolofdance.ca or call 613-238-7838 and we'll provide you with the information you need to join us!



Funded in part by the
Government of Canada's
New Horizons for Seniors Program



Photo: The School of Dance Archives

20221212