

20
21

**Massage for dancers and
anyone who uses their body
with RMT Siri Bandhu**



The School of Dance
200 Crichton Street
Ottawa, ON K1M 1W2

archive@theschoolofdance.ca

www.theschoolofdance.ca

**The
School of Dance**

Massage Therapy can be an important part of your health maintenance plan by improving joint mobility and circulation, and reducing muscle tension.

Half hour and hour appointments available.

30 minutes—\$55

1 hour—\$105

Payment accepted: cash or cheque (payable to Siri Bandhu)

**For bookings, please contact The School of Dance
at 613-238-7838 or archive@theschoolofdance.ca**