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The School of Dance  
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Artistic Director  
Merrilee Hodgins A.R.A.D.

The School of Dance

# Dance is BEST

## for Seniors

body, energy, space and time



## Simply Ballet

with Artistic Director, Merrilee Hodgins

Easy to follow exercises.

Beautiful Port de Bras.

Across the floor movements.

And FUN!

9 week session

Wednesdays, January 9-March 6, 2019

12:00-1:00 pm

\$90.00 (HST not included)