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The School of Dance
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**The
School of Dance**

Massage for dancers and anyone who uses their body with RMT Siri Bandhu



Massage Therapy can be an important part of your health maintenance plan by improving joint mobility and circulation, and reducing muscle tension.

Half hour and hour appointments available
Tuesdays between 1:00pm to 7:00pm,
at The School of Dance, upstairs in the Wellness Centre
(other days/times may also be available; please speak to the office)

30 minutes—\$55

1 hour—\$105

Payment accepted: cash or cheque (payable to Siri Bandhu)

**For bookings, please contact The School of Dance
at 613-238-7838 or stop by the main office!**